Lack of Values Clarity; Dominance of Pliance, Avoidant Tracking, and Problematic Augmenting

Weak Self-Knowledge; Dominating Concept of the Past and Feared Future

Experiential Avoidance

Cognitive Fusion

Psychological Inflexibility

Attachment to the Conceptualized Self

Lack of Values Clarity; Dominance of Pliance, Avoidant Tracking, and Problematic Augmenting Persistent Inaction, Impulsivity, or Avoidance

Name: ________________________